



FEEDBACK FORM

LAST NAME: Al Albert AGE: 52 PURCHASE DATE: DEC 12, 2013

IF DEVICE FAILS TO PRODUCE SATISFACTORY RESULTS, PLEASE RETURN THIS FORM COMPLETED 30-90 DAYS TO RECEIVE RETURN-AUTHORIZATION AND YOUR RETURNS INSTRUCTIONS (DEPENDS UPON YOUR LOCATION).

RE-SAVE THIS DOCUMENT EACH TIME YOU UPDATE IT

On a Scale of 1 -10 (10=BEST)

Base-Line	1	2	3	4	5	6	7	8	9	10
Prior to EarthPulse™ I'm sleeping	()	()	()	()	(x)	()	()	()	()	()
My energy level is	()	()	()	()	()	(x)	()	()	()	()
My physical performance level is	()	()	()	()	()	()	(x)	()	()	()
My mental performance level is	()	()	()	()	()	()	(x)	()	()	()
My resting-breath-hold (RBH) is	In seconds: 48									
My pain level is (10=worst)	(x)	()	()	()	()	()	()	()	()	()
My body-weight is	_____155_____ lbs. or _____ kgs.									
I usually wake to urinate	_____0_____ many times per night									

	1	2	3	4	5	6	7	8	9	10
Day 7 on EarthPulse™ I'm sleeping	()	()	()	()	()	(x)	()	()	()	()
My energy level is	()	()	()	()	()	(x)	()	()	()	()
My physical performance level is	()	()	()	()	()	()	(x)	()	()	()
My mental performance level is	()	()	()	()	()	()	(x)	()	()	()
My resting-breath-hold (RBH) is	In seconds: 64									
My pain level is (10 = worst)	(x)	()	()	()	()	()	()	()	()	()
My body-weight is	_____155_____ lbs. or _____ kgs.									
I usually wake to urinate	_____0_____ many times per night									

Resting Breath Hold (RBH) almost never fails to improve during first week. If RBH did fail to improve (or got worse which is even more rare), please re-read your RBH test instructions (in the same email this document was attached to. Usually a reduction can be tracked to a failure to oxygen load consistently with the past RBH test, or taking under different conditions.

Comments: Please write as much as you would like in the space below. PARTICULARLY HELPFUL WOULD BE YOUR COMMENTS ON ANY CHANGES IN NUTRITIONAL SUPPLEMENTATION OR MEDICATION DURING THE TIME OF YOUR 90 DAY TRIAL. The page will continue down as necessary. Call for technical support if you have any questions. Contact numbers are at end of this document. Thank you!

**P.S. My girl friend ordered the unit for me for xmass Order # 100000497
Her name is Cj Mercado**



	1	2	3	4	5	6	7	8	9	10
Day 14 on EarthPulse™ I'm sleeping	()	()	()	()	()	(x)	()	()	()	()
My energy level is	()	()	()	()	()	()	(x)	()	()	()
My physical performance level is	()	()	()	()	()	()	(x)	()	()	()
My mental performance level is	()	()	()	()	()	()	(x)	()	()	()
My resting-breath-hold (RBH) is	In seconds: 65									
My pain level is (10 = worst)	(x)	()	()	()	()	()	()	()	()	()
My body-weight is	___155___ lbs. or _____ kgs.									
I usually wake to urinate	___0___ many times per night									

Comments: Please use the device nightly during the first 90-day period to maximize statistical probability and level of success. Please make sure you oxygen load properly to make your RBH as accurate as possible.

	1	2	3	4	5	6	7	8	9	10
Day 21 on EarthPulse™ I'm sleeping	()	()	()	()	()	()	(x)	()	()	()
My energy level is	()	()	()	()	()	()	(x)	()	()	()
My physical performance level is	()	()	()	()	()	()	(x)	()	()	()
My mental performance level is	()	()	()	()	()	()	(x)	()	()	()
My resting-breath-hold (RBH) is	In seconds: 60									
My pain level is (10 = worst)	(x)	()	()	()	()	()	()	()	()	()
My body-weight is	___155___ lbs. or _____ kgs.									
I usually wake to urinate	___0___ many times per night									

Comments: ANY CHANGES MADE TO SUPPLEMENTS OR MEDICATIONS?



	1	2	3	4	5	6	7	8	9	10
Day 28 on EarthPulse™ I'm sleeping	()	()	()	()	()	()	()	(x)	()	()
My energy level is	()	()	()	()	()	()	()	(x)	()	()
My physical performance level is	()	()	()	()	()	()	()	(x)	()	()
My mental performance level is	()	()	()	()	()	()	()	(x)	()	()
My resting-breath-hold (RBH) is	In seconds: 68									
My pain level is (10 = worst)	(x)	()	()	()	()	()	()	()	()	()
My body-weight is	___160___ lbs. or _____ kgs.									
I usually wake to urinate	_____ many times per night									

Comments: Please use the device nightly during the first 90-day period to maximize statistical probability and level of success. Thank you!

	1	2	3	4	5	6	7	8	9	10
Day 60 on EarthPulse™ I'm sleeping	()	()	()	()	()	()	()	(x)	()	()
My energy level is	()	()	()	()	()	()	()	()	(x)	()
My physical performance level is	()	()	()	()	()	()	()	(x)	()	()
My mental performance level is	()	()	()	()	()	()	()	()	(x)	()
My resting-breath-hold (RBH) is	In seconds: 70									
My pain level is (10 = worst)	(x)	()	()	()	()	()	()	()	()	()
My body-weight is	___160___ lbs. or _____ kgs.									
I usually wake to urinate	___0___ many times per night									

Comments: Please use the device nightly during the first 90-day period (don't loan it out yet) to maximize statistical probability and level of success. Thank you!



--

	1	2	3	4	5	6	7	8	9	10
Day 90 on EarthPulse™ I'm sleeping	()	()	()	()	()	()	()	()	()	(x)
My energy level is	()	()	()	()	()	()	()	()	(x)	()
My physical performance level is	()	()	()	()	()	()	()	()	(x)	()
My mental performance level is	()	()	()	()	()	()	()	()	()	(x)
My resting-breath-hold (RBH) is	In seconds: 77									
My pain level is (10 = worst)	(x)	()	()	()	()	()	()	()	()	()
My body-weight is	_____158_____ lbs. or _____ kgs.									
I usually wake to urinate	__0_____ many times per night									

NOW,... IF YOU'D LIKE TO LOAN YOUR EARTHPULSE OUT, TO A FRIEND TO TRY, PLEASE DO SO.

Thank you and be well.

Comments: Please write as much as you would like here, then return to email below.

I bought the unit because of sleep issues, most drugs that help with sleep don't give you a restful enough sleep to repair broken tissue. I am 52, and few years ago had a history of depression, and a sleeping disorder. I now workout, and I cycle a lot, however my sleeping disorder never really went away. It seemed the harder I tried to exercise the harder it was for me to sleep. After 90 days **I can on occasion, sleep without the unit or any other sleeping aid,** even after a hard workout at the gym. The earthpulse unit has made it a lot easier for me to fall asleep. I sleep using the recovery mode about 50 percent of the time. I sometimes wake up in the middle of the night (for no reason) but I've mostly been able to get back to sleep. Before the EP unit, if I woke up in the middle of the night I'd have to take a pill to get back to sleep. At present, if I'm up longer than 20 mins, I'll use sleep mode 3 to put me to back to sleep. I would like very much to learn how to get my body to sleep in recovery mode 100% of the time as I feel more rested and stronger after.
