

	1	2	3	4	4	5		6	7	8	9		10	
Day 90 on EarthPulse™ I'm sleeping	()	()	() ()	()	()	(x)	()	()	()
My energy level is	()	()	() ()	()	()	()	(x)	()	()
My physical performance level is	()	()	() ()	()	()	()	(x)	()	()
My mental performance level is	()	()	() ()	()	()	()	(x)	()	()
My resting-breath-hold (RBH) is	In s	ecor	nds:	63										
My pain level is $(10 = worst)$	()	()	(x	() (()	()	()	()	()	()	()
My body-weight is				lbs.	o	r		_79.	.00	k	gs.			
(Men) I usually wake to urinate		_0-1		1	nar	ıy t	ime	es pe	er nig	ht				
Thank you and be well. Comments: Please write as much as you	would	like l	here	, the	en r	etu	rn t	o er	nail b	elow.				



Day 28 on EarthPulse™ I'm sleeping My energy level is My physical performance level is My mental performance level is My resting-breath-hold (RBH) is	()	(١											,	`		
My physical performance level is My mental performance level is	()		,	()	()	()	(x) ()	()	()	()
My mental performance level is		()	()	()	()	()	(x)	()	()	()
•	()	()	()	()	()	()	()	(x)	()	()
My resting-breath-hold (RBH) is	()	()	()	()	()	()	()	()	(x)	()
, , , , , , , , , , , , , , , , , , , ,	ln s	sec	ond	s: 6	60												
My pain level is $(10 = worst)$	()	()	()	(x)	()	() ()	()	()	()
My body-weight is				1	lbs	. (or	_	80	.1_			kg	s.			
(Men) I usually wake to urinate		_1_			_ m	any	tin	nes	per	nig	ht						
	1	2		3		4	5		6	7	•	8		9	,	10	
Day 60 on EarthPulse™ I'm sleeping	1 ()	2 ()	3 ()	4 ()	5 ()	6	_	, x))	9 ()	10 ()
My energy level is	1 ()	2 ()	3 ()	4 () ()	5 ()	_	_	x))	10 ()
My energy level is My physical performance level is	1 () ()	2 (((()))	3 (((()	4 () () () ()	5 ((())	_	_	x)	())	10 ((())
My energy level is My physical performance level is My mental performance level is	1 () () () ()	2 ((((()))	3 (((((())))	4 () () () ()	5 (((()))	_	(x)))	((x))	()))	10 ((((()))
My physical performance level is My mental performance level is My resting-breath-hold (RBH) is	()	2 ((((seco)))	(((()))) 60	4 () () () ()	5 (((()))	()	(x)))	((x (x))	()))	10 (((()))
My energy level is My physical performance level is My mental performance level is My resting-breath-hold (RBH) is My pain level is (10 = worst)	() () () ()	(((seco)))) ond	(((s: ((x)	()	((((()	(x)))	(x (x (x)))	(((()))	((()))
My energy level is My physical performance level is My mental performance level is My resting-breath-hold (RBH) is	() () () In s	(((seco))) ond)	(((((x) lbs	()	((((or		()	((((((((((((((((((((x))))	(x (x (x)))	(((()))	((()))



Day 14 on EarthPulse™ I'm sleeping My energy level is My physical performance level is My mental performance level is My resting-breath-hold (RBH) is	()	()	(١	(١	(x	٠,	()	()	()	()	1	١
My physical performance level is My mental performance level is	(`			•	,	(,	(^	' '	'	,	`				`	,	(,
My mental performance level is	()	()	()	()	()	()	()	(x)	()	()
• •	`)	()	()	()	()	()	()	(x)	()	()
My resting-breath-hold (RBH) is	()	()	()	()	()	()	()	(x)	()	()
-, (11211) 15	I	n :	sec	on	ds:	54	Ļ													
My pain level is $(10 = worst)$	()	()	()	()	()	()	()	()	()	()	()
My body-weight is	_					lb	s.	o	r	_		80	.5_			kg	s.			
(Men) I usually wake to urinate	_			1_		_ 1	na	ny	tim	es	pe	er n	igh	ıt						
		_	2	2	3		4		5		6		7		8		9		10	
Day 21 on EarthPulse™ I'm sleeping	(I)	2 (?	3 ()	4 ()	5 ()	6 (>		7 ()	8 ()	9 ()	10 ()
Day 21 on EarthPulse™ I'm sleeping My energy level is	((1)	((?	3 ()	4 ()	5 (()			7 ((x)	8 ()	9 ()	10 ()
	(((1)	2 (((((((((((((((((((?))	3 ((())	4 ((()	5 (((()))			()	8 ((x)	9 ())	10 ((())
My energy level is	((((()))	((((()))	3 (((()))	4 (((())	5 ((((()))			(x ()	(,	9 (((()))	10 ((((())))
My physical performance level is	()	((((see)))	((())) 57	((())	5 ((((()))			(x ()	(((x	,	((()))	10 (((())))
My energy level is My physical performance level is My mental performance level is	()	((()))	(((ds:	-	((,))	5 (((x)))	()	()))	(x (())	((x (x)	((()))	((()))))
My energy level is My physical performance level is My mental performance level is My resting-breath-hold (RBH) is	()	((()))	(((ds:)	(((((((((((((((((((()))	((((())))	(x (()))	((x (x)	(((((((((((((((((((()))	((())))



FEEDBACK FORM

LAST NAME:.....TEMBY.......AGE: ...80 .PURCHASE DATE:.....28/4/11.......If DEVICE FAILS TO PRODUCE SATISFACTORY RESULTS, PLEASE RETURN THIS FORM COMPLETED 30-90 DAYS TO RECEIVE RETURN-AUTHORIZATION AND YOUR RETURNS INSTRUCTIONS (DEPENDING UPON YOUR LOCATION).

RE-SAVE THIS DOCUMENT EACH TIME YOU UPDATE IT

On a Scale of 1 -10 (10=BEST)

Base-Line	1	2		3	4	4	5	;	6		7	8	3	Ĝ)	10)
Prior to EarthPulse™ I'm sleeping	()	()	(x)	()	()	()	() ()	()	()
My energy level is	()	()	()	()	()	(x)	() ()	()	()
My physical performance level is	()	()	()	()	()	(x))	()	()	()	()
My mental performance level is	()	()	()	()	()	())	(x)	()	()	()
My resting-breath-hold (RBH) is	In s	ecc	ono	ds: 3	8												
My pain level is (10=worst)	()	()	()	(x)	()	()	() ()	()	()
My body-weight is				11	os.	O	r		_77	7.2	2		_ kg	gs.			
(Men) I usually wake to urinate		1			ma	ny	tin	nes	per	n	ight	,					
	_	_		_			_		_		_	_		_			
	1	2		3	4		5		6		7	8		9		10	
Day 7 on EarthPulse™ I'm sleeping	1 ()	2 ()	3 (x))	5 ()	6 ()	7	8) ()	9)	10 ()
Day 7 on EarthPulse™ I'm sleeping My energy level is	1 () ()	2 ())	5 (()	6 ())	7 ((x) ()	9 ()	10 (()
	1 () ()	2 ((()))	5 (((())	6 (())))	() ()	9 ())	10 ((())
My energy level is	1 () () ()	2 ((((())))))	5 ((((()))	6 () () ()))))	(x) () () ()))	9 (((()))	10 ((()))
My energy level is My physical performance level is	()	((())))		()))	5 (((()))	6 () ()))))	(x (x) () () ()))	9 (((()))	10 ((()))
My energy level is My physical performance level is My mental performance level is	()	((())) one	(x) () ()	()))	(((())) (6 () () ()))))	(x (x) () () ())))	9 (((())))	10 (((()))
My energy level is My physical performance level is My mental performance level is My resting-breath-hold (RBH) is	()	((())) ond	(x) () () () ds: 4	()))	(()	,	())	(x (x) () () () ()))	9 ((((gs.)))	10 (((()))

Resting Breath Hold (RBH) almost never fails to improve during first week. If RBH did fail to improve (or got worse which is even more rare), please re-read your RBH test instructions (in the same email this document was attached to. Usually a reduction can be tracked to a failure to oxygen load consistently with the past RBH test, or taking under different conditions.

Comments: Please write as much as you would like in the space below. The page will continue down as necessary. Please use the device nightly during the first 90-day period (don't loan it out!!!) to maximize your statistical probability and level of success. Call for technical support if you have any questions. Contact numbers are at end of this document. Thank you!