FEEDBACK   FORM

LAST NAME:…Nader……………………………AGE: ……69…….PURCHASE DATE:…July, 2013……………………

If DEVICE FAILS TO PRODUCE SATISFACTORY RESULTS, PLEASE RETURN THIS FORM COMPLETED 30-90 DAYS TO RECEIVE RETURN-AUTHORIZATION AND YOUR RETURNS INSTRUCTIONS (DEPENDS UPON YOUR LOCATION).

RE-SAVE THIS DOCUMENT EACH TIME YOU UPDATE IT

On a Scale of 1 -10 (10=BEST)

Base-Line	1	2	3	4	5	6	7	8	9	10
Prior to EarthPulse™ I'm sleeping	( )	( )	( )	( )	( )	(6)	( )	( )	( )	( )
My energy level is	( )	( )	( )	( )	(5)	( )	( )	( )	( )	( )
My physical performance level is	( )	( )	( )	( )	( )	(6)	( )	( )	( )	( )
My mental performance level is	( )	( )	( )	( )	( )	( )	(7)	( )	( )	( )
My resting-breath-hold (RBH) is				In seconds: 35						
My pain level is (10=worst)	( )	( )	( )	(4)	( )	( )	( )	( )	( )	( )
My body-weight is			___128_____ lbs. or _____ kgs.							
I usually wake to urinate			____1-3_____ many times per night							

	1	2	3	4	5	6	7	8	9	10
Day 7 on EarthPulse™ I'm sleeping	( )	( )	( )	( )	( )	( )	(7)	( )	( )	( )
My energy level is	( )	( )	( )	( )	( )	(6)	( )	( )	( )	( )
My physical performance level is	( )	( )	( )	( )	( )	(6)	( )	( )	( )	( )
My mental performance level is	( )	( )	( )	( )	( )	( )	(7)	( )	( )	( )
My resting-breath-hold (RBH) is				In seconds: 36						
My pain level is (10 = worst)	( )	( )	( )	(4)	( )	( )	( )	( )	( )	( )
My body-weight is			___128_____ lbs. or _____ kgs.							
I usually wake to urinate			____1-3_____ many times per night							

Resting Breath Hold (RBH) almost never fails to improve during first week. If RBH did fail to improve (or got worse which is even more rare), please re-read your RBH test instructions (in the same email this document was attached to. Usually a reduction can be tracked to a failure to oxygen load consistently with the past RBH test, or taking under different conditions.

Comments: Please write as much as you would like in the space below. PARTICULARLY HELPFUL WOULD BE YOUR COMMENTS ON ANY CHANGES IN NUTRITIONAL SUPPLEMENTATION OR MEDICATION DURING THE TIME OF YOUR 90 DAY TRIAL. The page will continue down as necessary. Call for technical support if you have any questions. Contact numbers are at end of this document. Thank you!

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EarthPulse!" - Sleep Your Way to Better Health

	1	2	3	4	5	6	7	8	9	10
Day 14 on EarthPulse™ I'm sleeping	( )	( )	( )	( )	( )	( )	( )	(8)	( )	( )
My energy level is	( )	( )	( )	( )	( )	(6)	( )	( )	( )	( )
My physical performance level is	( )	( )	( )	( )	( )	( )	(7)	( )	( )	( )
My mental performance level is	( )	( )	( )	( )	( )	( )	( )	(8)	( )	( )

My resting-breath-hold (RBH) is   In seconds: 38

My pain level is (10 = worst)	( )	( )	( )	(4)	( )	( )	( )	( )	( )	( )

My body-weight is   ___128_____ lbs. or _____ kgs.

I usually wake to urinate   ___1-3_____ many times per night

Comments: Please use the device nightly during the first 90-day period to maximize statistical probability and level of success. Please make sure you oxygen load properly to make your RBH as accurate as possible.

I've joined a gym and go twice a week doing tread mill 20 minutes before and after the wright machines. I do three weight machines for arms and chest three sets with 12 reps each.

	1	2	3	4	5	6	7	8	9	10
Day 21 on EarthPulse™ I'm sleeping	( )	( )	( )	( )	( )	( )	( )	(8)	( )	( )
My energy level is	( )	( )	( )	( )	( )	(6)	( )	( )	( )	( )
My physical performance level is	( )	( )	( )	( )	( )	( )	(7)	( )	( )	( )
My mental performance level is	( )	( )	( )	( )	( )	( )	( )	(8)	( )	( )

My resting-breath-hold (RBH) is   In seconds: 42

My pain level is (10 = worst)	( )	( )	( )	(4)	( )	( )	( )	( )	( )	( )

My body-weight is   ____128_____ lbs. or _____ kgs.

I usually wake to urinate   ___1-3_____ many times per night

Comments: ANY CHANGES MADE TO SUPPLEMENTS OR MEDICATIONS?

	1	2	3	4	5	6	7	8	9	10
Day 28 on EarthPulse™ I'm sleeping	( )	( )	( )	( )	( )	( )	( )	(8)	( )	( )
My energy level is	( )	( )	( )	( )	( )	(6)	( )	( )	( )	( )
My physical performance level is	( )	( )	( )	( )	( )	( )	(7)	( )	( )	( )
My mental performance level is	( )	( )	( )	( )	( )	( )	( )	(8)	( )	( )

My resting-breath-hold (RBH) is   In seconds: 50

| My pain level is   (10 = worst) | ( ) | ( ) | ( ) | (4) | ( ) | ( ) | ( ) | ( ) | ( ) | ( ) |

My body-weight is   ____128_____ lbs.   or   _____ kgs.

I usually wake to urinate   ___1-3_____ many times per night

Comments: Please use the device nightly during the first 90-day period to maximize statistical probability and level of success. Thank you!

I'm using the device nightly at recover mode and naps under pillow at recover mode.
My energy level varies and the numbers indicate approximate average.

	1	2	3	4	5	6	7	8	9	10
Day 60 on EarthPulse™ I'm sleeping	( )	( )	( )	( )	( )	( )	( )	(8)	( )	( )
My energy level is	( )	( )	( )	( )	( )	(6)	( )	( )	( )	( )
My physical performance level is	( )	( )	( )	( )	( )	( )	(7)	( )	( )	( )
My mental performance level is	( )	( )	( )	( )	( )	( )	( )	(8)	( )	( )

My resting-breath-hold (RBH) is   In seconds: 46

| My pain level is   (10 = worst) | ( ) | ( ) | ( ) | (4) | ( ) | ( ) | ( ) | ( ) | ( ) | ( ) |

My body-weight is   ____127_____ lbs.   or   _____ kgs.

I usually wake to urinate   __1-3_____ many times per night

Comments: Please use the device nightly during the first 90-day period (don't loan it out yet) to maximize statistical probability and level of success. Thank you!

I continue to go to the gym averaging twice a week and hope to start going three days per week with treadmill before and after weight machines. I have increased amount of weight on one of the three machines and able to do 12 reps more easily than when I first started. I also enjoy outdoor walking and a walking video with weights. My energy level is still poor and I have to pace myself and rest a lot. I am happy with the device as I was in worse shape before using it.

The numbers don't show as it is a subtle effect so far.

	1	2	3	4	5	6	7	8	9	10
Day 90 on EarthPulse™ I'm sleeping	( )	( )	( )	( )	( )	( )	( )	(8)	( )	( )
My energy level is	( )	( )	( )	( )	( )	(6)	( )	( )	( )	( )
My physical performance level is	( )	( )	( )	( )	( )	( )	(7)	( )	( )	( )
My mental performance level is	( )	( )	( )	( )	( )	( )	( )	(8)	( )	( )
My pain level is (10 = worst)	( )	( )	( )	(4)	( )	( )	( )	( )	( )	( )

My resting-breath-hold (RBH) is   In seconds: 65

My body-weight is   ____126_____ lbs.   or   _____ kgs.

I usually wake to urinate   ____1-3_____ many times per night

NOW,… IF YOU'D LIKE TO LOAN YOUR EARTHPULSE OUT, TO A FRIEND TO TRY, PLEASE DO SO.

Thank you and be well.

Comments: Please write as much as you would like here, then return to email below.

Sorry, I got the dates confused. Have revised 60 day and added 90 day.