

Comments: I'm able to sleep in recover mode more days than not. When not using recover mode I'll fall asleep quick with the other modes. Sometimes the recover mode will keep me up and I feel energized. When sleeping in recover mode I sleep deeper and feel more refreshed. With sleep mode 4 I will sleep heavier but not always feel more refreshed. But sleep mode 4 always get me to fall asleep. I didn't rate the physical / mental / energy higher because I'm not at 100% but that can be from Lyme. But the unit has definitely helped my sleep and I do feel better.

	1	2	3	4		5	6	7	8	9	10
Day 90 on EarthPulse™ I'm sleeping	()	()	() ()	()	()	()	()	()	(x)
My energy level is	()	()	() ()	()	()	()	(x) ()	()
My physical performance level is	()	()	() ()	()	()	()	(x) ()	()
My mental performance level is	()	()	() ()	()	()	()	(x) ()	()
My resting-breath-hold (RBH) is	In s	secor	nds:	70							
My pain level is $(10 = worst)$	(x)	() () ()	()	()	()	() ()	()
My body-weight is				lt							
(Men) I usually wake to urinate		1_		_ mar	ıy t	times	per	night			
Comments: Please write as much as you	would	like l	here	, ther	n re	eturn	to en	nail b	elow		



	1	2	3	4	5		6	7		8		9		10	
Day 28 on EarthPulse™ I'm sleeping	()	()	()	() ()	(x) ()	()	()	()
My energy level is	()	()	()	() ()	()	()	x)	()	()	()
My physical performance level is	()	()	()	() ()	(x) ()	()	()	()
My mental performance level is	()	()	()	() ()	()	()	x)	()	()	()
My resting-breath-hold (RBH) is	ln s	secon	ds: 6	5											
My pain level is $(10 = worst)$	(x)	()	()	() ()	() ()	()	()	()
My body-weight is		160_		lbs.	or	_				kg	s.				
(Men) I usually wake to urinate		_1	n	nany	tim	es j	per r	nigh	t						
o I remove the pillow and scoot and/or move clos eep mode 4. I don't have any problems waking u	er to the n	nagnet	Mattı	ess i	s an e	eigh	t inch	es th	nick	coil	typ	e.	Stil	l on	
So I remove the pillow and scoot and/or move clos sleep mode 4. I don't have any problems waking u	er to the n	nagnet	Mattı	ess i	s an e	eigh	t inch	es th	nick	coil	typ	e.	Stil	l on	
So I remove the pillow and scoot and/or move clos sleep mode 4. I don't have any problems waking u	er to the n	nagnet	Mattı	ess i	s an e	on	t inch	es th	nick ut m	coil	typ	e.	Stil	I on ne I	
So I remove the pillow and scoot and/or move clos sleep mode 4. I don't have any problems waking unave a hard sleep with no dream.	er to the n	nagnet	. Matti	ess i	s an d	on	t inch	es the	nick ut m	coil	typ	the	Still	l on	
So I remove the pillow and scoot and/or move clos sleep mode 4. I don't have any problems waking unave a hard sleep with no dream.	er to the n	nagnet	. Matti	ess i	s an d	on	t inch	es the	nick ut m	coil	tyr of	the 9	Still	I on ne I	
So I remove the pillow and scoot and/or move clos sleep mode 4. I don't have any problems waking unave a hard sleep with no dream. Day 60 on EarthPulse™ I'm sleeping	er to the n	nagnet	. Matti	ess i	s an d	on	t inch	7 (nick ut m	solution and solut	tyr of	the 9	Still	I on ne I	
So I remove the pillow and scoot and/or move clos sleep mode 4. I don't have any problems waking us have a hard sleep with no dream. Day 60 on EarthPulse™ I'm sleeping My energy level is	er to the np without	nagnet	3 ()	4 (5 5) (() () ())	6 () ()	7 ((;)))	8 (x	tyrof i	9 (x	Still tim	10 (())
So I remove the pillow and scoot and/or move clos sleep mode 4. I don't have any problems waking unave a hard sleep with no dream. Day 60 on EarthPulse™ I'm sleeping My energy level is My physical performance level is	er to the np without to the np	2 () () ()	3 () ()	4 ((5 5) (() () ())	6 () ()	7 ((;)))	8 (x	tyrof i	9 (x	Still tim	10 (())
Day 60 on EarthPulse™ I'm sleeping My energy level is My physical performance level is My mental performance level is	ar to the np without to the np	2 () () () secon	3 () () ()	4 ((5) () () () ()))	6 () ()	7 ((;)) x)	8 (x (x	typrof (9 (x ((Still tim	10 ((()))
My physical performance level is My mental performance level is My resting-breath-hold (RBH) is	ter to the np without to the n	2 () () () ()	3 () () () ()	4 ((, (5	5 5) (()))))	6 () ()	7 ((; (;)) x)	8 (x (x ()))))	9 (x ((Still tim	10 ((()))

Sleep good every night. Am able to use sleep modes, 2, 3, 4. Sleep mode 1 keeps me awake. Much progress since the later update.

EarthPulse!" - Sleep Your Way to Better Health



Day 14 on EarthPulse™ I'm sleeping						4	5		_						9		10	
	()) ()	() (x)	()	()	()	()	()	()
My energy level is	()) ()	() ()	()	()	()	()	()	()	()
My physical performance level is	()) ()	() ()	()	()	()	()	()	()	()
My mental performance level is	()) ()	() ()	(>	()	()	()	()	()	()
My resting-breath-hold (RBH) is	In	sec	onc	s: 5	55													
My pain level is $(10 = worst)$	()) (x)	()	()	()	()	()	()	()	()
My body-weight is		1	63_]	lbs.	O	r					_ k	gs.					
(Men) I usually wake to urinate			2	1	mai	ıy t	ime	s į	per	ni	ght							
	as acci	ırat	ല മ	n	ารรเ	hle		CE	აა.	П	ea	30	1110	ake	: Sl	ıre	ing yc	
oxygen load properly to make your RBH a	as acci	urat	e a:	pc	ossi	ble.					—				· SI	ıre		
oxygen load properly to make your RBH a	as acci	urat	e as	po) 	ble.								ake	e SI	ure		
first 90-day period to maximize statistical oxygen load properly to make your RBH and a little better sleep. Pain level dropped a lot.	as acci	urat	e a:	s po	ossi —	ble.									SI	ure		
oxygen load properly to make your RBH a	as acci	urat 2		3		4			6		7		8		9			
oxygen load properly to make your RBH a))))			yc	
oxygen load properly to make your RBH a				_		4))))))			yc	
Day 21 on EarthPulse™ I'm sleeping				_		4))	6 ())))))			yc	
Day 21 on EarthPulse™ I'm sleeping My energy level is				_		4)) ()	6 () (;)	7 (((()))	8 ((())			yc	
Day 21 on EarthPulse™ I'm sleeping My energy level is My physical performance level is	1 ()		?)))	3 ((((((((((((((((((() (()) (()) ((4	5 ()) ()	6 () (;)	7 (((())	8 ((())	9 (((yc	
Day 21 on EarthPulse™ I'm sleeping My energy level is My physical performance level is My mental performance level is	1 () () ()	2) () () () (sec)))) conc	3 (((((s: !) (()) (()) ((57	4 ×))	5 ((> (>)) ()	6 ((x (() ())	7 ((((()))	8 (((()))	9 (((()))	10 ((()))
Day 21 on EarthPulse™ I'm sleeping My energy level is My physical performance level is My mental performance level is My resting-breath-hold (RBH) is	1 () () ()	2) () () (sec)))) conc	3 (((((() () () (57	4 ×)))	5 (((>)) () ()	6 ((x (() (;))	7 ((((()))	8 ((((())))	9 (((()))	10 ((()))



FEEDBACK FORM

LAST NAME: NavarroAGE: 44 PURCHASE DATE:8/25/10 Rcvd: 9/1/1	LAST NAME: Navar	rroAGE: 44	PURCHASE DATE:	8/25/10 Rcvd: 9/1/1
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If DEVICE FAILS TO PRODUCE SATISFACTORY RESULTS, PLEASE RETURN THIS FORM COMPLETED 30-90 DAYS TO RECEIVE RETURN-AUTHORIZATION AND YOUR RETURNS INSTRUCTIONS (DEPENDING UPON YOUR LOCATION).

RE-SAVE THIS DOCUMENT EACH TIME YOU UPDATE IT

On a Scale of 1 -10 (10=BEST)

Base-Line	1	2	3	4	5	6	;	7	8		9	10)
Prior to EarthPulse™ I'm sleeping	()	-	(x)	()	()	(`	()	()	() ()
My energy level is	()	() ()	(x)	()	()	() \	()	(<i>)</i>	() () ()
My physical performance level is	()	()	()	()	()	()	()	()	() () ()
	()	()	(x)	()	()	()	()	()	() ()
My mental performance level is	()	()	()	()	(x)	()	()	()	() ()
My resting-breath-hold (RBH) is	In se	con	ds: 4	0									
My pain level is (10=worst)	()	()	()	()	()	()	(x) ()	() ()
My body-weight is	1	60_		lbs.	or				_ k	gs.			
(Men) I usually wake to urinate		_3	m	any t	imes	per	nig	ght					
		_	_	_									
	1	2	3	4	5	6		7	8		9	10	
Day 7 on EarthPulse™ I'm sleeping	•	2 (x)	()	4 ()	5	6 ()	7 ()	8)	9	10) ()
Day 7 on EarthPulse™ I'm sleeping My energy level is	•		3 () (x)	4 () ()	5 ()	6 ()	7 () ()	8 (()	9 (10)()()
	•		()	() ()	5 () () ()	(())	7 () ()	8 (((())	9 (10) () () ())
My energy level is	•		() (x)	() () ()	5 () () ()	6 ((()))	7 () () ()	8 ((()))	9 (((((((((((((((((((10) () () () ()))
My energy level is My physical performance level is	() () ()	(x) () ()	() (x) (x)	()	() () ()	((()))	7 () () ()	8 ((()))	9 (((((((((((((((((((10) () () () ()))
My energy level is My physical performance level is My mental performance level is	() () ()	(x) () ()	() (x) (x)	()	5 () () ()	6 ((()))	7 () () () ()	8 ((((()))	9 ((((x) () () ()))
My energy level is My physical performance level is My mental performance level is My resting-breath-hold (RBH) is	() () () () In se	(x) () () () econe	() (x) (x)	() () () () 7	5 () () () () or	6 ((()))	7 () () ()	8 ((((, kg)))) s.	(((((((((((((((((((() () () ()))
My energy level is My physical performance level is My mental performance level is My resting-breath-hold (RBH) is My pain level is (10 = worst)	() () () () In se	(x) () () () econe ()	(x) (x) (x) (x) ds: 3	() () () 7 () bs.	() () () or	((())) nig	() () ()	((()))) s.	(((((((((((((((((((() () () ()))

Thinking my sleep was OK I started with sleep mode 2. Felt wired – couldn't sleep. Sleep modes 1 & 3 did the same thing. When I tried Sleep mode 4 I could attain a deep sleep. The first week was rough as I felt the unit was causing my sleep to be erratic – and I had a lot of muscle pain which kept me up. But slowly these symptoms went away after my sleep cycle started to get back to normal.